

4 New Emergency Response Training Classes in West LA -- Starting in March ! Great Opportunity . . .

Are you and your family prepared for the next big emergency? Whether it be an earthquake, a household fire, an auto accident, an act of terrorism, or a simple injury, the LA Fire Department's **free** Community Emergency Response Team (CERT) training will give you valuable knowledge and skills that could make the difference between an event resulting in inconvenience or disaster.

In any emergency or disaster, the actual first responders are the people who happen to be at the scene at the time of the incident. That could be any one of us.

In a disaster such as an earthquake, the number and scope of incidents can overwhelm our city's emergency services (fire and police departments). We need to be prepared to take care of ourselves and to help each other. (Just think about how long 911 response time is now!).

Are you willing to invest a little time to gain knowledge and skills that could help yourself, your family, and your community plan for and survive an emergency or disaster? Please consider CERT training.

The L.A. City Fire Department's Community Emergency Response Training (CERT) program was developed shortly after Northern California's Loma Prieta earthquake in recognition of the fact that communities will need to be self-sufficient during the time immediately following an earthquake. The training has been expanded to cover other types of emergencies.

- Learn what you can do to help yourself and your family, as well as your community and co-workers, prepare for and survive natural disasters and other emergencies.
- Receive excellent training from L.A. City Fire Department Disaster Preparedness Unit instructors. It's easy, it's free, and it's fun!
- Minimum age for certification is 18. There is no maximum age for participation.
- There's no requirement to join a CERT team after taking the training. The goal is to have as many community members prepared as possible.

[See the class schedule on the next page.](#)

Need to miss a class session? Not a problem. You can make it up at another class time/location.

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WESTCHESTER ELKS #1

8025 W. Manchester Ave., Los Angeles 90045
Mondays from 7:00 pm – 9:30 pm
Contact: Judith Ciancimino 310-560-1943
Class Dates: 3/6, 3/13, 3/20, 3/27, 4/3, 4/10, 4/17

UCLA ENVIRONMENTAL HEALTH & SAFETY

Strathmore Building
501 Westwood Plaza #117, Westwood 90095
Wednesdays from 8:30 am – 1:30 pm
Contact: Sheila Otis 310-794-5059
Class Dates: 3/8, 3/15, 3/22, 3/29

MAR VISTA FAMILY CENTER #1

5075 S. Slauson Ave., Culver City 90230
Wednesdays from 7:00 pm – 9:30 pm
Contact: Lucia Diaz 310-390-9607, ext 111
Class Dates: 3/8, 3/15, 3/22, 3/29, 4/5, 4/12, 4/19

VENICE HIGH SCHOOL #1

Room 14, 13000 Venice Blvd, Los Angeles 90066
Tuesdays from 7:00 pm – 9:30 pm
Contact: Ceci Grakel 310-306-7981
Class Dates: 3/14, 3/21, 3/28, 4/4, 4/11, 4/18, 4/25

To sign up, call the contact person listed for the class/location that you want to attend. Missed classes can generally be made up at a different location. (Missing a session of the UCLA location would require 2 or more make-up classes because of its different schedule). If these classes are full, check the website below or call LAFD at the number below for information about other classes.

For more information about the Community Emergency Response Team (CERT) program, including the full training schedule, see www.cert-la.com or call the LAFD Disaster Preparedness Unit at (818) 756-9674.